Mental Health Support Team Training and Launch

14 - 15 October 2021 www.dmu.ac.uk/mhst

$ IUHH ZHELQDU WUDLQLQJ HY-H6 QKVR RRF XOHQWDRQ+HDOWK ZKLF
ZLOO ODXQFK WKH UROO RXW RI WKH QHZ 0HQWDO +HDOWK 6X DPV
VHUYLFH DFURVV /HLFHVWHU /HLFHVWHUVKLUH DQG 5XWODQG

7KXUVGD\ 2FWREHU

0HQWDO +HDOWK 6HUYLFHV &RQIHUHQFH WKH UROO RXW RI WKH PHQWDO KHDO
/HLFHVWHUVKLUH DQG 5XWODQG
,PUDQ 0DKRPHG 0DULH &DKLOO 0DUJDUHW %DUQ &DOGZHOO &DUH &DOOLQJ -DPHV

$Q LQWURGXFWLRQ WR $'+' DQG &RXQW :RUN &ROODERUDWLRQ WR LPSURYH
$'+' 6ROXWLRQV +DOO 7UDLQLQJ &RXQW :RUN &RXQVHOORU &RQJHEHRQ &DWFKLW
DQG $'+' 6SHFLDOLVW &RDFK &RXQW :RUN DW WKH 1DWLRQDO <RXWK $JHQF\
&,&

6LJQLILFDQW 0HQWDO ,OOQHVV LQ WKH &RXUWURRP &XUUULFXOXP 0RGHO
DQG ZKDW WR GR &DOOLQJ &XUUULFXOXP /HDG 6W $QGUHZ
/HFWXUHU LQ 0HQWDO +HDOWK 1XUVLQJ &RQQHJH
$VVRFLDWH /HDGHU RI /HDUQLQJ +RVSLWDO DQG
2XWUHDFK (GXFDWLRQ

3DUWQHUVKLSV DQG UHODWLRQVKLSV D 7KRO
VFKRRO DSSURDFK WR PHQWDO KHDOWK
1LFRO 3URQWRQ
DQG ,QWHUQDWLRQDO ,QVWLWXWH IRU 5HVWRUDWLYH
3UDFWLFHV *UDGXDWH 6FKRRO 8 6 $

6XSSRUWLQJ WKH ZKROH
VFKRRO DSSURDFK
RI SRVLWLYH PHQWDO KHDOWK
DQG ZHOOEHLQJ
3RROH 7KH &KDUOLH :DOOHU
7UXVW

)ULGD\ 2FWREHU

0HQWDO +HDOWK &RQIHUHQFH &XUUULFXOXP &RQWHQW &RQ WKH &RQWDW VXSSRUWLQJ
/HLFHVWHUVKLUH &XUUULFXOXP
,PUDQ

6XLFLGH 5HFRYHU\ &RQ &RUH &RUQH
6DIHJXDUGLQJ 3DUWQHUVKLS 0DQDJHU /HLFHVWHUVKLUH
3ROLFH

3HHU UHODWLRQVKLSV LQ VFKRRO DQG &RXQW
KHDOWK &RXQW &RUH &RXQW &RXQW &RXQW